

# Industry leading HSEQ training

Our training prospectus

As a trusted supply chain partner for UK businesses, Wincanton delivers leading Health, Safety, Environmental and Quality training.



***Wincanton***





# Looking to upskill your teams with innovative training?

Our training operation partners with leading UK businesses to equip their teams with the skills required to become qualified, compliant and the most talented people in the industry.

## **Specific industry experts provide training that not only meets, but exceeds industry expectations and regulatory requirements:**

- specific expert instructors
- innovative and thought inspiring training methods
- the most up-to-date training techniques
- tailored or bespoke training
- expertise includes HSEQ (Health, Safety, Environment and Quality), MHE (Material Handling Equipment) and Driver Training.

## Our HSEQ training principles



Engaging



Tailored for you



Responsive



Continually  
improving



Driving pioneering  
standards

## **Bittesby House**

Bittesby House hosts Wincanton's Operational Training courses and in addition is the Centre for Logistics, Education and Research (CLEAR).

CLEAR is a partnership between Wincanton, North Warwickshire and South Leicestershire College and GLP.

Based at Magna Park in Leicestershire, in the heart of the 'golden triangle', Magna Park is set to become Europe's largest distribution park. Wincanton at Bittesby House is perfectly located to meet the needs of British supply chains.

We have fitted Bittesby House with resources to enhance the education and learning experience, making your visit valuable and enjoyable every time.

**CLEAR**

CENTRE FOR LOGISTICS, EDUCATION AND RESEARCH



# Safety

Connecting with everyone from shop floor to boardroom.



01

## **IOSH Working Safely**

- One day course with a written assessment.
- Course aimed at anyone and everyone in a working role who wants to learn the basics of health and safety.

02

## **IOSH Managing Safely (bespoke available)**

- Three day course with an end of course written assessment and a post course project.
- Accredited Qualification-Individuals eligible to register as Associate Member with IOSH.
- Course aimed at site managers, operational managers and those with health and safety responsibilities.

03

## **IOSH Leading Safely**

- One day course.
- Leading Safely covers precisely what you need to know to improve productivity, insights into enhanced safety and health practices and to help increase your corporate reputation.
- Course aimed at board members and directors.

04

## **NEBOSH National General Certificate in Occupational Health and Safety**

- Eleven day course with open book assessment and a written risk assessment.
- Delegates are required to pass both modules within a five year period to gain the overall award.
- Ideal for managers, supervisors or anybody with health and safety management responsibilities and those embarking on a health and safety career.

05

## **NEBOSH HSE Certificate in Manual Handling Risk Assessment**

- One day course with practical assessment.
- Aimed at anyone involved in assessing the impact of manual handling activities in the workplace including health and safety professionals, workplace champions, employee representatives or occupational health practitioners.

06

## **NEBOSH Certificate in Fire Safety**

- Six day course where delegates are assessed by completing a fire risk assessment in a work location along with an open book examination.
- Aimed at those responsible for fire safety and fire risk assessments in low to medium risk work places.

07

## **NEBOSH HSE Introduction to Incident Investigation**

- One day course with a written assessment.
- Aimed at anyone who wants to carry out incident investigations effectively such as managers, supervisors, SHE champions, union and safety representatives.

08

## **NEBOSH HSE Award in Managing Risk and Risk Assessments at Work**

- One day course with a written assessment.
- Aimed at anyone involved in managing work places health and safety risks including those who undertake risk assessments. Particularly managers, supervisors, SHE champions, union and safety representatives.



# Safety

Just some of our specialist courses to promote a culture of care.



10

## Collision Investigation Awareness

- Two day course.
- Designed for any persons who are responsible for carrying out accident/incident investigations following a collision.

15

## An Introduction to the Carriage of Dangerous Goods by Sea

- Half day course with no assessment required.
- Aimed at Transport Managers, Traffic Office Staff, Administration personnel, packers, (un)loaders.

11

## COSHH Awareness

- One day course.
- The aim of this course is to equip learners with the knowledge and confidence to understand associated health risks and the benefits of following industry best practice approach to managing COSHH.

16

## Qualsafe Level 2 Award in Safe Moving and Handling

- One day course with a practical assessment and a written assessment test.
- The course is aimed at anyone who carries out manual handling activities.

12

## Fire Marshal/Fire Awareness

- One day course with assessment via tutor observation.
- Delivered using latest VR technology.
- Course aimed at those who carry out the role of a fire marshal or for those who need to know more about fire safety.

17

## Legionella Training – Responsible Persons

- One day course with a 45-minute written assessment.
- Refresher required within three years of completing the course
- Course aimed at those with responsibility for the management of building services, water systems and those that require an understanding of their responsibilities and legal requirements in relation to Legionella management and control.

13

## Evac Chair Training

- Half day course with practical candidate assessment throughout.
- This course is designed for anyone who needs to use an evac chair to aid someone evacuating the building.

14

## An Introduction to the Carriage of Dangerous Goods by Road

- Half day course with no assessment required.
- Aimed at FLT operators loading and unloading goods, Transport Managers and Traffic Office staff.

# Health and Wellbeing

Looking after ourselves and others



## 01 **Mental Health First Aid - MHFA Accredited**

- Two day course with an assessment by tutor during role-play exercises accredited by the Royal Society for Public Health.
- Aimed at those with an interest in mental health or those that have taken a role such as Mental Health Champion.

## 02 **Mental Health Champions - MHFA Accredited**

- One day course.
- The workshop provides colleagues with discussion on current mental wellbeing challenges in their workplace, sharing experiences and good practice. Using interactive exercises, colleagues develop the confidence and acquire the strategies and tools to support mental wellbeing in the workplace.

## 03 **Mental Health Awareness - MHFA Accredited**

- Half day course.
- Provides an introduction to and an awareness of Mental health.

## 04 **Suicide First Aid - Understanding Suicide Intervention**

- One day or half day course.
- Teaching the theory and practice of suicide intervention skills that can be applied in any professional or personal setting, captured in a one-day event accredited by City and Guilds. We use only the most experienced suicide prevention trainers to deliver this unique learning experience: for anyone who seeks greater understanding and confidence to intervene with people at risk of suicide.

## 05 **Suicide First Aid Lite - Awareness Course**

- Half day course
- Designed to provide learners with the essential knowledge and skills needed to save lives.

## 06 **Conflict Resolution**

- One day course assessed by tutor observation.
- Using a variety of interactive exercises colleagues will be taken through recognising the early signs of conflict, causes of conflict, communication skills, conflict de-escalation techniques and what steps to take when conflict has passed.

## 07 **Qualsafe Emergency First Aid at Work / Re-qual**

- Full course three day / Re-qual two day
- Emergency First Response Secondary Care (first aid) covers injuries or illnesses that are not immediately life threatening. Participants focus on secondary assessment and first aid through knowledge development, skill development and realistic scenario practice.

## 08 **Qualsafe Emergency First Aid**

- One day course.
- Designed for individuals who wish to act as an emergency first aider in their workplace. Upon successful completion of this qualification, candidates will be equipped with the essential skills needed to give safe, prompt and effective first aid in emergency situations.

## 09 **NEBOSH HSE Certificate in Managing Stress at Work**

- One day course.
- Health and safety professionals, HR specialists, line managers and supervisors, occupational health professionals.

## 10 **NEBOSH Working with Wellbeing**

- One day course.
- This qualification will be useful for anyone who has people management responsibilities and is particularly relevant for: HR specialists, Health and Safety professionals.



# Environmental Sustainability

Helping deliver sustainable solutions



## 01 Environmental Sustainability Skills for the Workforce (IEMA)

- One day course with candidate assessment via online multiple choice exam.
- Progress your career with a recognised certificate that demonstrates you have the basic knowledge of the agenda and working practices in environmental sustainability.

## 02 Environmental Sustainability Skills for Managers (IEMA)

- Two day course with candidate assessment via online multiple choice exam.
- This supports managers and supervisors to understand the strategic and operational implications environmental sustainability has on them, their team and department. It enables you to contribute to the improved environmental sustainability of their organisation.

## 03 Foundation Certificate in Environmental Management (AIEMA)

- Five day course with assessment via end of course examination leading to an IEMA Professional Qualification (AIEMA).
- Course aimed at those with responsibility for completing environmental assessments, audits and ensuring compliance with environmental legislation.

## 04 Certificate in Environmental Management (PIEMA)

- This course has been developed to provide learners with detailed environmental and sustainability knowledge as well as being able to apply environmental management/assessment tools and skills that are needed to be an effective environment/sustainability practitioner.
- This course consists of three modules which are delivered over three weeks spread over five to six months to allow learners with time for research and completion of written assessments. There are four written pieces of assessment for this course.
- This course could be built in colleagues' annual review for professional development.

## 05 Leading with Environmental Sustainability (IEMA)

- Half day course.
- Suggested good practice for Directors, Senior Management and sponsors of sustainability improvement plans.

## 06 Introduction to Net-Zero (IEMA)

- The 2.5 hours (virtual) IEMA Introduction to net-zero course gives clear, consistent guidance on best practice on response to the climate crisis.
- The course aims to provide a baseline overview of environmental sustainability as it affects the learners specific industry and work area. This course is not assessed and can provide 2.5 hours CPD.

## 07 Pathway to Net-Zero (IEMA)

- The two day IEMA Pathways to net-zero course gives clear, consistent guidance on best practice on response to the climate crisis.
- The course aims to provide supervisors and leaders with a strategic and operational overview of environmental sustainability as it affects their specific industry and work area.
- Online assessed by IEMA through multiple choice questions.

## 08 ISO 14001:2015 EMS Internal Auditor (IEMA)

- One day course to provide learners with the knowledge and skills required to perform an internal audit of an Environmental Management System based on ISO 14001:2015 (or equivalent)
- Delegates will be able to report on the effective implementation and maintenance of the management system in accordance with ISO 14001:2015. Delegates assessed via written assessment.

## 09 Emergency Spill Response Training

- One day course.
- Aimed at spill responders, those involved in creating/signing off spill procedure and HSEQ professionals.

# Quality

## Bringing quality to the workplace



### 01 QA Level 3 Award in Education and Training RQF

- Five day course where candidates will prepare and deliver an assessed “micro teach” session as part of the course.
- Following the course, delegates will have six weeks within which to complete and submit three workbooks for assessment.
- We deliver this course through a combination of lectures, interactive learning experiences, self-study and give you more practical opportunities to ‘stand and deliver’ than on other providers’ courses.

### 02 QA Level 3 in Assessing Vocational Achievement

- Three day course with candidate assessments both workbook and practical assessments.
- Specifically designed for those who wish to assess occupational competence in the work environment and assess vocational skills, knowledge and understanding outside the work environment.
- Successful candidates will leave with the knowledge, skills and understanding required to successfully perform the role of assessor for competency based qualifications, such as NVQs, as well as vocational qualifications offered by a variety of awarding organisations.

### 03 QA Level 4 Internal Quality Assurance

- Two day course with a further six weeks to complete self-study and six weeks to complete final assessment.
- IQA Courses are for those who want to help maintain quality of assessment in the workplace.





# MHE

## Mechanical Handling Equipment



### 01 MHE Awareness – Managers and Supervisors

- One day course through theory and practical delivery.
- Course aimed at those with responsibility for monitoring and managing forklift operators.

### 02 MHE Awareness – colleagues

- Half day course through theory.
- The course is aimed at those who operate and work around forklift trucks.

### 03 RTITB Instructor Novice

- Ten day course.
- The aim of the course is develop and enable operatives to further their career into training people on forklift trucks.

### 04 MHE Courses

- Courses range from one day to five days dependant on the type of machine that is required.
- Gives an understanding of how to operate safely and efficiently within a workplace environment.

### 05 IPAF Courses

- One day courses on scissor lifts and cherry pickers.
- Course aimed at those who wish to operate.





## Our standards and accreditations

We're super proud to be the first supply chain business to hold these accreditations:







## Taking the next steps...

Learning HSEQ from the UK's leading supply chain partner will empower you to effectively implement a culture of care in your workplace.

Simply get in touch to discover more about a trial, a demonstration or how we can tailor-make a course to meet your needs.

**email: [hseq.training@wincanton.co.uk](mailto:hseq.training@wincanton.co.uk)**

**Stay in touch with our news and insights:**  
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